HS Session Eleven

The Dignity of the Human Person

1/17/2024

7:00 PM Welcome & Opening Prayer

7:05 PM WDYWK – St. Maximilian Kolbe

7:10 PM Agree or Disagree – Large Group Activity

* Students will be asked a variety of questions in which they will place themselves on a continuum – whether they Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree.
* Questions/Statements will start of mild and then move into the concept of Human Dignity.

7:25 PM The Dignity of a Human Person – Fr. Ed

7:55 PM Small Group Discussion

* In your own words, describe the dignity of a human person.
* What do you think it means to be made in the likeness and image of God? How does that change the way you look at others? How does that change the way you look at yourself?

8:10 PM Human Dignity Reflection – Small Group Activity

* Each student will trace their hand on to a piece of paper & cut it out & write their name in the middle.
* During this reflection, their hand will be passed around the small group and each member of the small group will write ONE word that they think describes, dignifies, & uplifts that person.
* If there is time: After the hand has gone around the group, flip it over for some individual reflection.
  + Fingers: On the four fingers, write a quality that makes you unique.
  + Thumb: Write something about yourself that you are proud of.
  + Palm: Write your goals, hopes, and dreams (or just a few)
* Songs for Reflection
  + Come As You Are (Crowder)
  + Who You Say I Am (Hillsong)
  + Beloved (Jordan Feliz)
  + Truth Be Told (Matthew West)

8:25 PM Announcements & Closing Prayer